

What is claimed is:

1. A medicament dosage unit consisting essentially of a beta-adrenergic blocker and a platelet inhibitor together in a single dosage unit quantity sufficient to provide a cardiovascular protective dosage.
- 5 2. The dosage unit of Claim 1 wherein said dosage unit is formulated as a once-a-day dosage unit.
3. The dosage unit of Claim 1 wherein said platelet inhibitor is aspirin.
4. The dosage unit of Claim 1 wherein said beta-adrenergic blocker is atenolol.
5. The dosage unit of Claim 1 wherein said beta-adrenergic blocker is propranolol.
- 10 6. The dosage unit of Claim 1 wherein said beta-adrenergic blocker is timolol.
7. The dosage unit of Claim 1 wherein said beta-adrenergic blocker is metoprolol.
8. A method of treating cardiovascular disease said method comprising:
formulating a single dosage unit consisting essentially of a beta-adrenergic
blocking agent and a platelet inhibitor in a single dosage unit quantity
15 sufficient to provide a cardiovascular protective dosage; and
administering said single dosage unit to a patient.
9. The method of Claim 8 further comprising indicating the use of said dosage unit
for treating cardiovascular disease.
- 20 10. The method of Claim 8 further comprising providing instructions for
administering said single dosage unit.
11. The method of Claim 8 wherein said formulating step further includes
25 formulating said single dosage unit as a once-a-day dosage unit.

- 12.** A method of making a cardiovascular protective dosage unit comprising formulating a single dosage unit consisting essentially of a beta-adrenergic blocking agent and a platelet inhibitor in a quantity sufficient to provide a cardiovascular protective dosage.
- 5 **13.** The method of Claim 12 wherein said platelet inhibitor is aspirin.
- 14.** A medicament dosage unit consisting essentially of a beta-adrenergic blocker and aspirin combined in a single dosage unit in sufficient quantity to provide a cardiovascular protective dosage.